



Inner Peace

GETAWAYS

Bush Retreat Getaway Shoalhaven, NSW 4 - 6 November, 2022



When was the last time you
surrounded yourself in nature,
slowed down and
connected into your heart?

Time to escape on a bush getaway along the beautiful Shoalhaven River. Back to nature, this incredible Bush Retreat is set on ancient bush land in a prehistoric river valley and secluded amongst the towering gumtrees; only 2.5 hrs from Sydney and Canberra.

What's on Offer

- 3 Days, 2 Nights Accommodation
- Daily Yoga, Meditation and Movement for all levels
- Breathwork, Reiki, Energy and Emotional Healing
 - Cacao and Fire Ceremony - *weather permitting*
 - Practical Fun Workshops and Educational Talks
- Chef-prepared, gluten free, vegetarian meals & snacks, herbal teas and fruit
 - Cheese Tasting and Wine
 - River swims, bush and nature walks
- Decadent goodie bag to take some of the magic home with you

Turn over for more details

Investment in your Inner Peace

20% Earlybird Discount when you book and pay by 30th September 2022

Earlybird: \$799 Twin share (per person), \$999 Single room (per person)



Inner Peace GETAWAYS

Isn't it about time you do
something special for YOU?

Take a step back from your busy life, recharge your energy, reconnect to nature and rebalance your body.

This getaway has been designed to help you find peace of mind and to discover inner wellness.



Be inspired to live a healthier life, enjoy stunning views, pristine swimming holes, great local produce.



Delicious, wholesome, GF plant based food.



Your comfortable accommodation is a collection of 3 double storey houses handmade of mud bricks and reclaimed materials, with open plan living & eclectic decorative style, an outdoor fire place, lounge area, dining space and BBQ overlooking the valley and Shoalhaven River.



The package will include private or share accommodation for adults, suited for solo travellers, couples, groups inclusive of both men and women, daily meditation, stress relief, educational workshops, yoga for all fitness levels and much more...

Note: All shared bathrooms

50% non-refundable deposit required.

Terms and Conditions apply. See website for full details.

Contact Emma to reserve your place

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www.innerpeacegetaways.com.au